Acceptability of Student Supported Online Hypertension Education

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KEYWORDS	hypertension, digital health education, student-led interventions

OBJECTIVE

Assess willingness to use an online hypertension education programme supported by university students.

METHODS

The researchers surveyed 74 students and 69 relatives with hypertension from two Jamaican universities and interviewed five clinicians.

RESULTS

More than 80% of students intended to help relatives use the programme, while about one-third of relatives were willing to participate. Clinicians supported the approach and emphasised usability, cultural relevance and continuing support.

CONCLUSION

Student involvement may help extend education, with additional work needed to engage patients directly.