# Frailty Among Older Surgical Patients at the University Hospital of the West Indies


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**OBJECTIVE**

Estimate frailty prevalence and identify associated factors among older surgical patients.

**METHODS**

A prospective observational study assessed eligible elective surgical patients aged 60 or older using the Edmonton Frail Scale.

**RESULTS**

Among 209 participants, 40% were classified as frail and 10% as severely frail. Frailty was associated with older age, male sex, lower haemoglobin and lower educational attainment.

**CONCLUSION**

The findings highlight frailty as a consideration in planning perioperative care for older patients.