Health Literacy and Blood Pressure Control in Jamaica

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OBJECTIVE

Determine whether health literacy is associated with blood pressure control among Jamaicans with hypertension.

METHODS

The cross-sectional analysis used Jamaica Health and Lifestyle Survey data and assessed health literacy with a brief screening instrument.

RESULTS

Among 1,933 participants, 79% had adequate health literacy and 20% had controlled blood pressure. Blood pressure control did not differ significantly by literacy level.

CONCLUSION

The study found no association between health literacy and blood pressure control.