Hypertensive Disorders of Pregnancy in Jamaica's South East Region

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OBJECTIVE

Identify factors associated with hypertensive disorders of pregnancy and maternal outcomes.

METHODS

A retrospective cohort review examined 917 records from 2015–2019 and used regression to assess associated factors.

RESULTS

Hypertensive disorders complicated 2,814 of 76,668 deliveries (3.7%). Four or more antenatal visits were associated with lower odds of eclampsia (OR 0.17).

CONCLUSION

The authors highlighted antenatal monitoring, education on warning symptoms and stronger referral pathways.