Oral Health and Quality of Life Among Older Adults in Gujarat

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KEYWORDS	oral health, older adults, quality of life

OBJECTIVE

Examine the relationship between oral health and oral health-related quality of life.

METHODS

The cross-sectional study combined clinical examinations with a quality-of-life questionnaire among 400 community-dwelling adults aged 60 or older.

RESULTS

Untreated dental caries affected 92.8% and moderate to severe periodontal disease affected 68.3%. Worse clinical oral health was associated with poorer quality-of-life scores.

CONCLUSION

The findings support targeted prevention and treatment for older adults in the study area.